



Mike Arteaga's Healthy Choice Menu

Available for Lunch & Dinner

Designed for guests who are looking for a healthy alternative to a restaurant dining experience

"Healthy Food that Tastes Great"

(v) *Vegetarian Options*

Salad

(v) *Field Greens Salad tossed with Chickpeas, Fresh Tomatoes & Red Onions with a choice of Fat Free Vinaigrette or a side of Extra Virgin Olive Oil and Balsamic Vinegar*

Entrées

All entrées on Mike's menu come with a delicious side salad

6oz. Grilled Atlantic Salmon with Sautéed Broccoli

6oz. Flash Grilled Steak Scalloppine with Grilled Vegetables and Balsamic Glaze

6oz. Flash Grilled, Thinly Tenderized Chicken Breast with Broccoli Rabe, Sun Dried Tomatoes and Olives

(v) *Whole Wheat Penne tossed in Spicy, Toasted Garlic Pomodoro Sauce*

(v) *Whole Wheat Pizza with Wood Fired Vegetables and Shrimp
Served with cheese upon request only*

\$15.95/person plus tax and gratuity
Beverages not included

We also offer a wide selection of Delicious Vegetarian, Vegan and Gluten Free choices from our regular menu